



## **Dynamic Skills Course**

Our Dynamic Skills Course is designed to reinvigorate and enhance your pistol and carbine skills through a combination of comprehensive training and physically demanding exercises. Geared towards individuals who have previously undergone basic firearm instruction, this course ensures participants not only maintain proficiency but excel in high-stakes scenarios.

Key components of the course include:

1. **Pistol and Carbine Skills Reinforcement:**
  - Fine-tune marksmanship fundamentals for both pistols and carbines.
  - Practice quick and precise target acquisition, magazine changes, and shooting from various positions.
2. **Physically Demanding Exercises:**
  - Engage in realistic scenarios that require physical agility, simulating the unpredictability of real-life situations.
  - Incorporate movement, cover, and shooting on the move to replicate dynamic environments.
3. **Stress Inoculation Training:**
  - Challenge participants with stress-inducing exercises to simulate the physiological and psychological effects of high-pressure situations.
  - Develop mental resilience and the ability to maintain accuracy and composure under duress.
4. **Team Dynamics and Communication:**
  - Foster effective communication and collaboration in group scenarios, emphasizing teamwork during dynamic exercises.
  - Learn to coordinate movements and tactics with fellow participants, enhancing overall situational awareness.
5. **Scenario-Based Simulations:**
  - Navigate through realistic scenarios that test decision-making skills, emphasizing the application of learned techniques in practical situations.

This course is ideal for those seeking a hands-on refresher that pushes physical limits while reinforcing essential firearm skills. Our experienced instructors create an immersive and challenging environment, ensuring participants leave not only with renewed confidence in their abilities but also with the physical and mental readiness to tackle any real-world challenges. Whether you're a civilian seeking personal defense proficiency or a professional honing your tactical skills, this refresher course is your gateway to heightened firearm competence.

Required Equipment:

|   |                          |
|---|--------------------------|
| Eye Protection (wrap-around style)                          | Ear Protection           |
| Carbine w/ sling  | 200 rounds of ammunition |
| Three carbine magazines                                     |                          |
| Pistol w/ waist or thigh holster (NO chest rigs)            | 200 rounds of ammunition |
| Two pistol magazines  | Closed-toed shoes        |
| Magazine retention system (vest, belt, chest harness, etc.) |                          |

Recommended Equipment:

|   |                     |
|---|---------------------|
| Cold/ Wet Weather Gear (as appropriate) | Brimmed hat         |
| Hydration source                        | Knee and elbow pads |
| Gloves                                  |                     |

Class Size: 6-12 students

Course Cost: \$200.00 (range fees included)

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**\*\*\*THIS IS A PHYSICALLY DEMANDING COURSE REQUIRE RUNNING\*\*\*  
AND STRENUOUS EXERCISE**