



Officer Rescue- First Aid Course

This one day first aid course for the officer to learn what lifesaving interventions can be utilized to save a fellow officer's life in a traumatic situation. Students will be shown what items they should carry in their first aid kits and how to use those items under stress. This course will cover the basics of first aid in a down and dirty approach. The topics that will be covered include:

- Rapid Patient Assessment
- Ballistic/ Blast Injuries
- First Aid Kits
- Airway management
- Trauma management
- Tourniquets and Hemostatics
- Care under fire
- Environmental injury management

Participants will learn trauma management techniques and get to utilize these techniques hands on with a partner. Participants should bring a first aid kit of some sort to work with and recommendations will be provided.

Required Equipment

Issued pistol (no ammunition needed or allowed) with duty belt
Flashlight
Soft body armor (If issued)

Recommended Equipment

Training uniform
Note pad and pen
Any first aid gear (if issued and/or carried)
Knee pads strongly recommended
Cold weather/ Wet weather gear (as appropriate)

Class Size: 6-12 Students

Course Cost: \$150.00